| ROSI Recovery Don             | nain Scores: Ports                     | mouth    | n - 7/1/2012 to 6/30    | /2013  | Avg Score<br>Range: 1 - 4 N = | 84 |
|-------------------------------|--|----------|-------------------------|--------|-------------------------------|----|
| Meaningful Activities:        |  |          |                         |        | 3.256                         | 56 |
| Material Resources:           |  |          |                         |        | 3.032                         | 78 |
| Peer Support:                 |  |          |                         |        | 2.503                         | 55 |
| Choice:                       |  |          |                         |        | 3.354                         | 77 |
| Social Relationships          |  |          |                         |        | 3.492                         | 84 |
| Formal Service Staff:         | Formal Service Staff: Formal Services: |          |                         |        | 3.574                         | 81 |
| Formal Services:              |  |          |                         |        | 3.434                         | 81 |
| Self/Holism:                  |  |          |                         |        | 3.087                         | 82 |
| Overall Average:              |  |          |                         | 3.249  | 78                            |    |
| Number of Respondents         | by Service                             |          |                         |        |                               |    |
| Counseling: 35                | Medication Service:                    | 67       | Case Management:        | 61     | Housing Service:              | 17 |
| <b>Psychosocial Rehab:</b> 31 | Club House:                            | 29       | PACT/ICT:               | 1      | <b>Employment Services:</b>   | 5  |
| Alcohol Services: 13          | Co-occurring MH/SA:                    | 22       | Other Services:         | 2      | Self Help:                    | 8  |
| Gender                        |  | A        | Age Groups              |        |                               |    |
| Female                        | 45                                     |          | Ages 18-34              |        | 10                            |    |
| Male                          | 36                                     |          | Ages 35-64              |        | 63                            |    |
| Missing                       | 3                                      |          | Ages 65 +               |        | 2                             |    |
|                               |  |          | Missing                 |        | 9                             |    |
| Time in Treatment             | t                                      | E        | Education               |        |                               |    |
| 1. Less than 1 year           | 6                                      |          | 1. Less than High Scho  | ol     | 20                            |    |
| 2. 1 to 2 years               | 8                                      |          | 2. High School/GED      |        | 43                            |    |
| 3. 3 to 5 years               | 14                                     |          | 3. College/Technical Tr | 15     |                               |    |
| 4. More than 5 years          | 55                                     |          | 4. Graduate School      |        | 1                             |    |
| Missing                       | 1                                      | 5. Other |                         | 1      |                               |    |
|                               |  |          | Missing                 |        | 4                             |    |
| Racial Groups                 |  | ŀ        | Hispanic                |        |                               |    |
| 3. Black                      | 68                                     |          | 1. yes                  |        | 1                             |    |
| 5. White                      | 11                                     |          | 2. no                   |        | 72                            |    |
| 6. More than One              | 2                                      |          | missing                 |        | 11                            |    |
| Missing                       | 3                                      |          |                         |        |                               |    |
| Home Community                | 7                                      | I        | Living Arrangem         | ent    |                               |    |
| 1. Urban                      | 63                                     |          | 1. Own home/apt         |        | 28                            |    |
| 2. Suburban                   | 18                                     |          | 2. Supervised/supported | d apt. | 10                            |    |
| Missing                       | 3                                      |          | 3. Residential facility |        | 13                            |    |
|                               |  |          | 4. Boarding home        |        | 5                             |    |
|                               |  |          | 5. Homeless             |        | 1                             |    |
|                               |  |          | 6. Other                |        | 24                            |    |
|                               |  |          | Missing                 |        | 3                             |    |

# ROSI 42 Items: Average Scores 7/1/2012 to 6/30/2013 by CSB: Portsmouth

|   | Avg Score | N = 84 |
|---|-----------|--------|
| 1 There is at least one person who believes in me:  | 3.571     | 84     |
| 2 I have a place to live that feels like a comfortable home to me:  | 3.301     | 83     |
| 3 I am encouraged to use consumer-run programs:   | 3.325     | 77     |
| 4 I do not have the support I need to function in the roles I want in my community:   | 1.964     | 83     |
| 5 I do not have enough good service options to choose from:   | 2.013     | 80     |
| 6 Mental health services helped me get housing in a place I feel safe:  | 3.127     | 55     |
| 7 Staff do not understand my experience as a person with mental health problems:  | 1.775     | 80     |
| 8 The mental health staff ignore my physical health:  | 1.780     | 82     |
| 9 Staff respect me as a whole person:   | 3.536     | 84     |
| 10 Mental health services have caused me emotional or physical harm:  | 1.619     | 84     |
| 11 I can not get services when I need when I need them:   | 1.815     | 81     |
| 12 Mental health services helped me get medical benefits that meet my needs:  | 3.000     | 70     |
| 13 MH services led me to be more dependent - not independent:   | 2.241     | 79     |
| 14 I lack the information or resources I need to uphold my client rights and basic human rights:                            | 1.659     | 82     |
| 15 I have enough income to live on:   | 2.169     | 83     |
| 16 Services help me develop the skills I need:  | 3.117     | 77     |
| 17 I have housing that I can afford:  | 3.211     | 76     |
| 18 I have a chance to advance my education if I want to:  | 3.193     | 57     |
| 19 I have reliable transportation to get where I need to go:  | 3.060     | 84     |
| 20 Mental health services helped me get or keep employment:   | 2.480     | 25     |
| 21 Staff see me as an equal partner in my treatment program:  | 3.605     | 81     |
| 22 Mental health staff support my self-care or wellness:  | 3.573     | 82     |
| 23 I have a say in what happens to me when I am in crisis:  | 3.494     | 77     |
| 24 Staff believe I can grow, change and recover:  | 3.614     | 83     |
| 25 Staff use pressure, threats, or force in my treatment:   | 1.147     | 75     |
| 26 There was a consumer peer advocate to turn to when I needed one:   | 2.157     | 51     |
| 27 There are consumers working as paid employees in the mental health agency where I receive services:                      | 1.705     | 44     |
| 28 Staff give me complete information in words I understand before I consent to treatment or medication:                    | 3.577     | 71     |
| 29 Staff encourage me to do things that are meaningful to me:   | 3.658     | 79     |
| 30 Staff stood up for me to get the services and resources I needed:  | 3.513     | 76     |
| 31 Staff treat me with respect regarding my cultural background:  | 3.823     | 79     |
| 32 Staff listen carefully to what I say:  | 3.617     | 81     |
| 33 Staff lack up-to-date knowledge on the most effective treatments:  | 1.493     | 73     |
| 34 MH staff interfere with my personal relationships:   | 1.115     | 78     |
| 35 Mental health staff help me build on my strengths:   | 3.373     | 83     |
| 36 My right to refuse treatment is respected:   | 3.421     | 76     |
| 37 My treatment plan goals are stated in my own words:  | 3.580     | 81     |
| 38 The doctor worked with me to get on medications that were most helpful to me:  | 3.639     | 72     |
| 39 I am treated like a psychiatric label rather than as a person:   | 1.363     | 80     |
| 40 I can see a therapist when I need to:  | 3.317     | 63     |
| 41 My family gets education or supports they need to be helpful to me:  | 2.881     | 59     |
| 42 I have information or guidance to get the services and supports I need, both inside and outside my mental health agency: | 3.288     | 80     |

| Portsmouth  |     | 84  |     |       |
|---|-----|-----|-----|-------|
| ROSI 42 Items: % Responding by Item 7/1/2012 to 6/30/2013   | Yes | No  | N/A | Blank |
| 1 There is at least one person who believes in me:  |     | 6%  | 0%  | 0%    |
| 2 I have a place to live that feels like a comfortable home to me:  | 82% | 17% | 0%  | 1%    |
| 3 I am encouraged to use consumer-run programs:   | 87% | 5%  | 7%  | 1%    |
| 4 I do not have the support I need to function in the roles I want in my community:   | 18% | 81% | 1%  | 0%    |
| 5 I do not have enough good service options to choose from:   | 20% | 75% | 4%  | 1%    |
| 6 Mental health services helped me get housing in a place I feel safe:  | 50% | 15% | 35% | 0%    |
| 7 Staff do not understand my experience as a person with mental health problems:  | 13% | 82% | 2%  | 2%    |
| 8 The mental health staff ignore my physical health:  | 15% | 82% | 0%  | 2%    |
| 9 Staff respect me as a whole person:   | 98% | 2%  | 0%  | 0%    |
| 10 Mental health services have caused me emotional or physical harm:  | 10% | 90% | 0%  | 0%    |
| 11 I can not get services when I need when I need them:   | 13% | 83% | 0%  | 4%    |
| 12 Mental health services helped me get medical benefits that meet my needs:  | 61% | 23% | 15% | 1%    |
| 13 MH services led me to be more dependent - not independent:   | 29% | 65% | 5%  | 1%    |
| 14 I lack the information or resources I need to uphold my client rights and basic human rights:                            | 5%  | 93% | 1%  | 1%    |
| 15 I have enough income to live on:   | 35% | 64% | 1%  | 0%    |
| 16 Services help me develop the skills I need:  | 81% | 11% | 7%  | 1%    |
| 17 I have housing that I can afford:  | 67% | 24% | 10% | 0%    |
| 18 I have a chance to advance my education if I want to:  | 51% | 17% | 32% | 0%    |
| 19 I have reliable transportation to get where I need to go:  | 68% | 32% | 0%  | 0%    |
| 20 Mental health services helped me get or keep employment:   | 14% | 15% | 68% | 2%    |
| 21 Staff see me as an equal partner in my treatment program:  | 87% | 10% | 1%  | 2%    |
| 22 Mental health staff support my self-care or wellness:  | 89% | 8%  | 2%  | 0%    |
| 23 I have a say in what happens to me when I am in crisis:  | 79% | 13% | 8%  | 0%    |
| 24 Staff believe I can grow, change and recover:  | 88% | 11% | 1%  | 0%    |
| 25 Staff use pressure, threats, or force in my treatment:   | 2%  | 87% | 1%  | 10%   |
| 26 There was a consumer peer advocate to turn to when I needed one:   | 21% | 39% | 37% | 2%    |
| 27 There are consumers working as paid employees in the mental health agency where I receive services:                      | 13% | 39% | 43% | 5%    |
| 28 Staff give me complete information in words I understand before I consent to treatment or medication:                    | 74% | 11% | 12% | 4%    |
| 29 Staff encourage me to do things that are meaningful to me:   | 85% | 10% | 2%  | 4%    |
| 30 Staff stood up for me to get the services and resources I needed:  | 80% | 11% | 7%  |       |
| 31 Staff treat me with respect regarding my cultural background:  | 89% | 5%  | 2%  | 4%    |
| 32 Staff listen carefully to what I say:  | 87% | 10% | 0%  |       |
| 33 Staff lack up-to-date knowledge on the most effective treatments:  | 11% | 76% | 7%  | 6%    |
| 34 MH staff interfere with my personal relationships:   | 2%  | 90% | 6%  | 1%    |
| 35 Mental health staff help me build on my strengths:   | 85% | 14% | 0%  | 1%    |
| 36 My right to refuse treatment is respected:   | 82% | 8%  | 7%  |       |
| 37 My treatment plan goals are stated in my own words:  | 88% | 8%  | 1%  | 2%    |
| 38 The doctor worked with me to get on medications that were most helpful to me:  | 80% | 6%  | 12% | 2%    |
| 39 I am treated like a psychiatric label rather than as a person:   | 10% | 86% | 4%  | 1%    |
| 40 I can see a therapist when I need to:  | 62% | 13% | 21% | 4%    |
| 41 My family gets education or supports they need to be helpful to me:  | 48% | 23% | 27% | 2%    |
| 42 I have information or guidance to get the services and supports I need, both inside and outside my mental health agency: | 77% | 18% | 2%  | 2%    |

Note: For items 1-16, Yes = "Agree, Strongly Agree" No= "Disagree, Strongly Disagree". For items 17-42 Yes = "Often, Almost Always/Always" No= "Sometimes, Never/Rarely". For all items, N/A = Does Not Apply to Me Blank = No response

# ROSI Recovery Domain Scores Defined: Portsmouth - 7/1/2012 to 6/30/2013

There are 8 domain scores in the ROSI survey calculated from selected survey statements as shown below. Negatively worded statements (e.g., "I do not have enough good service options to choose from." are reverse coded and an average domain score is then calculated for each survey when no more than one third of the items in the domain are missing or answered, "does not apply to me".

## Meaningul Activities 3.256

Meaningful Activities involves the findings that work, education, voluntary and/or group advocacy activities that are meaningful to the individual help facilitate recovery.

- 18. I have a chance to advance my education if I want to = 3.2
- 20. Mental health services helped me get or keep employment = 2.5
- 29. Staff encourage me to do things that are meaningful to me = 3.7

#### Basic Material Resources 3.032

Basic Material Resources involves the findings that recovery from mental illness is incumbent on basic material resource needs being met.

- 2. I have a place to live that feels like a comfortable home to me = 3.3
- 6. Mental health services helped me get housing in a place I feel safe = 3.1
- 12. Mental health services helped me get medical benefits that meet my needs = 3.0
- 15. I have enough income to live on = 2.2
- 17. I have housing that I can afford = 3.2
- 19. I have reliable transportation to get where I need to go = 3.1
- 30. Staff stood up for me to get the services and resources I needed = 3.5

# Peer Support 2.503

Peer Support involves the findings that peer support and consumer operated services in a myriad of forms facilitate recovery.

- 3. I am encouraged to use consumer-run programs (for example, support groups, drop-in centers, etc.) = 3.3
- 26. There was a consumer peer advocate to turn to when I needed one = 2.2
- 27. There are consumers working as paid employees in the mental health agency where I receive services = 1.7

#### **Choice 3.354**

Choice involves the findings that having choices, as well as support in the process of making choices, regarding housing, work, social, service, treatment as well as other areas of life facilitate recovery.

- 5. I do not have enough good service options to choose from = 2.0 (reversed)
- 23. I have a say in what happens to me when I am in crisis = 3.5
- 28. Staff give me complete information in words I understand before I consent to treatment or medication = 3.6
- 36. My right to refuse treatment is respected = 3.4

### Social Relationships 3.492

Social Relationships involves the findings concerning the roles social and personal relationships play in facilitating recovery.

- 1. There is at least one person who believes in me = 3.6
- 4. I do not have the support I need to function in the roles I want in my community= 2.0 (reversed)
- 34. Mental health staff interfere with my personal relationships= 1.1 (reversed)

## Formal Service Staff 3.574

Formal Service Staff involves the findings as to the critical roles formal service staff play in helping or hindering the recovery process.

- 7. Staff do not understand my experience as a person with mental health problems= 1.8 (reversed)
- 9. Staff respect me as a whole person = 3.5
- 21. Staff see me as an equal partner in my treatment program = 3.6
- 24. Staff believe that I can grow, change and recover = 3.6
- 31. Staff treat me with respect regarding my cultural background (race, ethnicity, religion, language, age, sexual orientation). = 3.8
- 32. Staff listen carefully to what I say = 3.6
- 33. Staff lack up-to-date knowledge on the most effective treatments = 1.5 (reversed)
- 37. My treatment plan goals are stated in my own words = 3.6

# Formal Services 3.434

Formal Services involves the findings that formal service systems' culture, organization, structure, funding, access, choice, quality, range, continuity and other characteristics can help or hinder the process of recovery.

- 8. The mental health staff ignore my physical health = 1.8 (reversed)
- 10. Mental health services have caused me emotional or physical harm = 1.6 (reversed)
- 11. I cannot get the services I need when I need them = 1.8 (reversed)
- 22. Mental health staff support my self-care or wellness = 3.6
- 25. Staff use pressure, threats or force in my treatment = 1.1 (reversed)
- 35. Mental health staff help me build on my strengths = 3.4
- 38. The doctor worked with me to get on medications that were most helpful for me = 3.6
- 39. I am treated as a psychiatric label rather than as a person = 1.4 (reversed)
- 40. I can see a therapist when I need to = 3.3
- 41. My family gets the education or supports they need to be helpful to me 2.9
- 42. I have information and/or guidance to get the services and supports I need, both inside and outside my mental health agency 3.3

#### Self/Holism 3.087

Self/Holism involves the findings that characteristics that relate to one's sense of self, such as self-reliance, as well as having a holistic and human rights focus can facilitate recovery and other such characteristics, such as low self-esteem, can hinder recovery.

- 13. Mental health services led me to be more dependent, not independent = 2.2 (reversed)
- 14. I lack the information or resources I need to uphold my client and basic human rights = 1.7 (reversed)
- 16. Services help me develop the skills I need = 3.1