

**XVII—FEBRUARY 7, 2009**

# POLAR PLUNGE



**Special Olympics**  
Virginia

ON THE BEACH · BETWEEN 6TH & 9TH STREETS · VIRGINIA BEACH

## EXPERIENCE BONE-CHILLING & HEART-WARMING EXTREMES

All Plungers will receive a GOODIE BAG and have an opportunity to win great door prizes!



### To participate in the Polar Plunge:

1. Go to [www.polarplunge.com](http://www.polarplunge.com).
2. Click the **firstgiving** link and follow the simple steps to register and create a personal Web page.
3. Collect contributions by sharing your Web page with friends and family.

## REGISTRATION SITES

**JAN. 27-30, 2009 (11:00am-4:00pm)**

Special Olympics Virginia · 184 Business Park Drive  
Suite 202 · Virginia Beach, VA 23462  
Toll-free: 877.874.7462 · Phone: 757.962.1575

**FEB. 3-6, 2009 (2:00pm-7:00pm) and**

**PLUNGE DAY, FEB. 7, 2009 (10:00am-Plunge!)**

Ramada Inn on the Beach · 6th & Atlantic

**WWW.POLARPLUNGE.COM**

PRESENTED BY:



## REGISTRATION FORM

### EXTREME TEAM CHALLENGE

Visit [www.polarplunge.com](http://www.polarplunge.com) to register.

Team Name (if applicable) \_\_\_\_\_

Plunger Name \_\_\_\_\_

Company \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_

## CONTRIBUTIONS FORM

### BE SURE TO RAISE \$100 MINIMUM

### FOR THE PRIVILEGE TO PLUNGE

Name	Amount
1	\$
2	\$
3	\$
4	\$
5	\$
6	\$
7	\$
8	\$
9	\$
10	\$
11	\$
12	\$
13	\$
14	\$
15	\$
16	\$
17	\$
18	\$
19	\$
20	\$
SUBTOTAL	\$
ONLINE TOTAL	<i>Print your firstgiving Web page donations and attach to this form.</i> \$
MATCHING GIFT	<i>Many employers match charitable donations. Ask your H.R. department.</i> \$
<b>TOTAL ENCLOSED</b>	<b>\$</b>
(FOR OFFICE USE ONLY)	\$

Please make checks payable to Special Olympics Virginia.



**Special Olympics**  
Virginia

**Special Olympics Virginia** is the state chapter of Special Olympics International. In Virginia, thousands of people with intellectual disabilities benefit from the opportunity to participate in Special Olympics. The organization receives no federal funding and relies on private and corporate support as well as the efforts of nearly 20,000 volunteers to provide these services at no cost to the athletes or their families.