



Help Hampton Roads!

Hampton Roads has long been collaborating on projects of regional significance. Transportation, economic forecasts, physical and environmental planning are just a few areas where residents and businesses have benefited from regional cooperation.

Environmental education has also been coordinated on a regional scale through the Hampton Roads Planning District Commission. Regional environmental education efforts focusing on water conservation, stormwater management and waste management and recycling have

allowed the region's sixteen local governments to pool financial resources and professional talent. The committees of **HR CLEAN**, **HR STORM**, and **HR WET** (the Hampton Roads Water Efficiency Team) frequently come together, and are referred to as HR³. Some of their joint projects are the HR³ Mini-Grant program, the **HR³ Family Activity Book**, and online business information in the Green \$en\$e Guide. HR³ will continue to bring the residents and businesses of Hampton Roads educational and informational joint programs.

In The Kitchen

- Defrost frozen food in the refrigerator or microwave instead of running water over it.
- Use the dishwasher for full loads only.

In The Bathroom

- Turn the faucet off when brushing your teeth or shaving!
- Never use the toilet as a wastebasket!

In The Laundry Room

- Use the washer for full loads only.

Outside

- Use a broom to clean the sidewalk and driveways, not the water hose.

www.hrwet.org

Your Lawn

- Use native plants which require less maintenance when landscaping.
- Keep ditches and storm drains clear of debris and litter.
- Pick up and properly dispose of all pet waste.
- Secure all trash to prevent litter.
- Dispose of household hazardous waste and oil properly.

www.hrstorm.org

When Shopping

- Purchase in bulk.
- Reuse or refuse shopping bags - Bring your own sturdy bags.

At Home

- Reuse household articles such as bags, boxes and plastic food containers.
- Leave cut grass clippings on your lawn.

At Work

- Use ceramic mugs or glasses instead of disposable cups.
- Use scrap paper for memos, notes, etc.

www.hrclean.org



Waterford The Egret

Get your copy of the **Family Activity Book!**

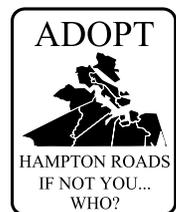
Contact the HRPDC today!
www.hrpdc.org



HR³ Mini-Grants!

Open to all youth groups, ages K-12th grade. Log onto any of the HR³ websites to see samples of applications. Mini-Grants up to \$250.00 are awarded every month!

Don't miss your chance to have your environmental project funded!



Volunteer clean up opportunities!

Log onto www.hrclean.org for more details or contact your local clean community representative!